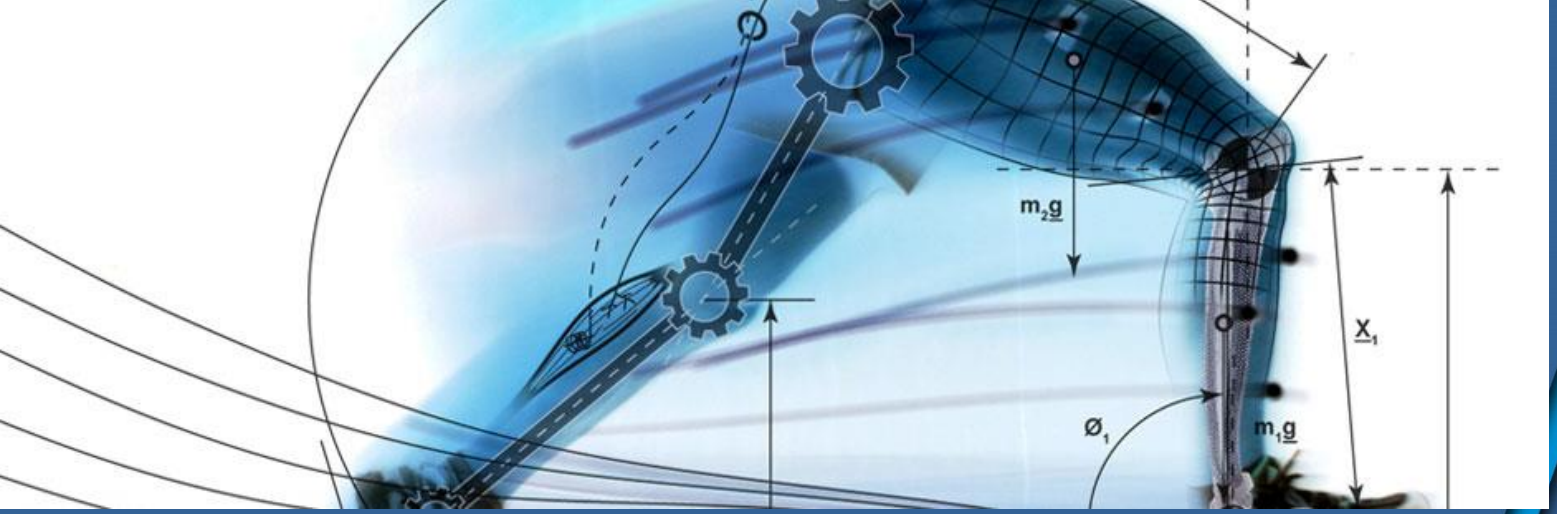


# Biomechanical Assessment for the Prevention of Musculoskeletal Disorders in Football Player

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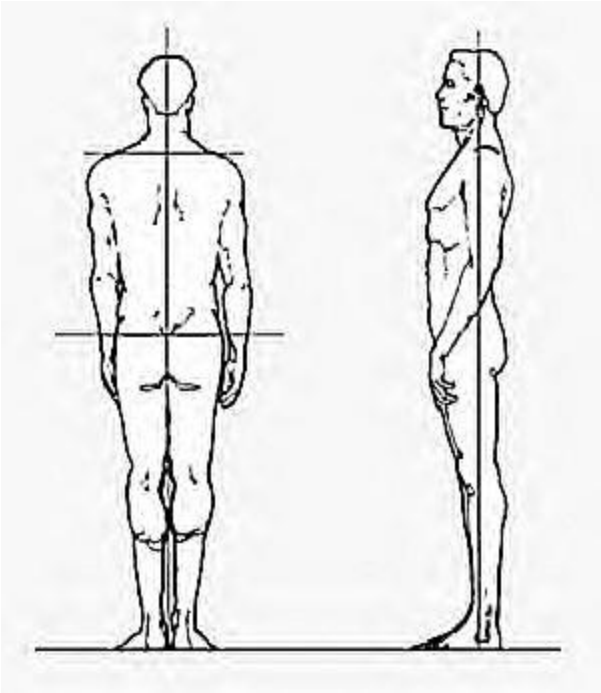
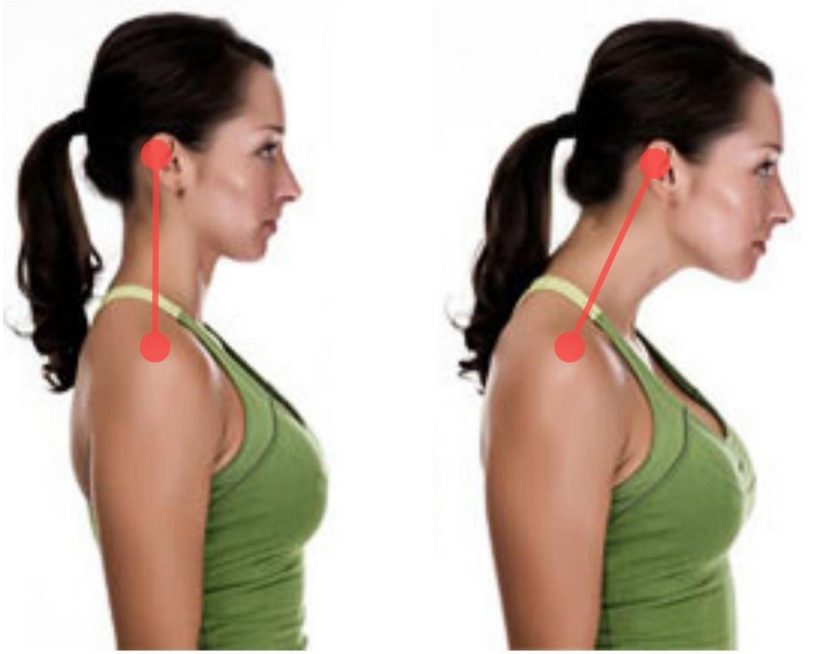
# Biomechanical Assessment

- Foot:
  - Gait
  - Bare foot
  - Ankle
  - Knee
  - Pelvis
- Shoulder
- Spine:
  - Lumbar
  - Lower thoracic
  - Upper thoracic
  - Cervical
- Head



# Forwarde Head



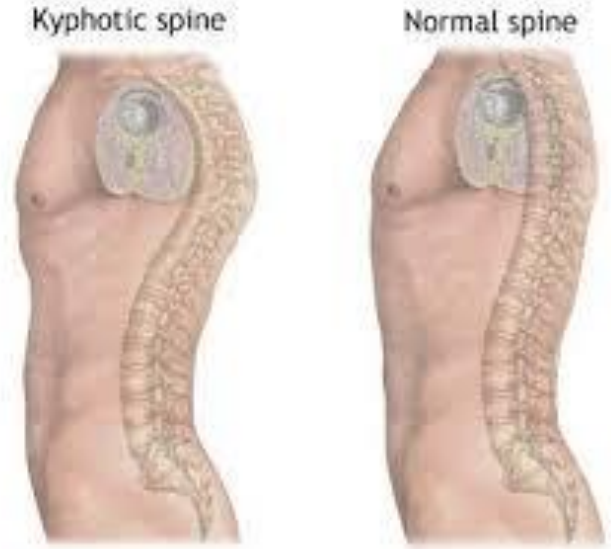
Correct Head Posture

Forward Head Posture

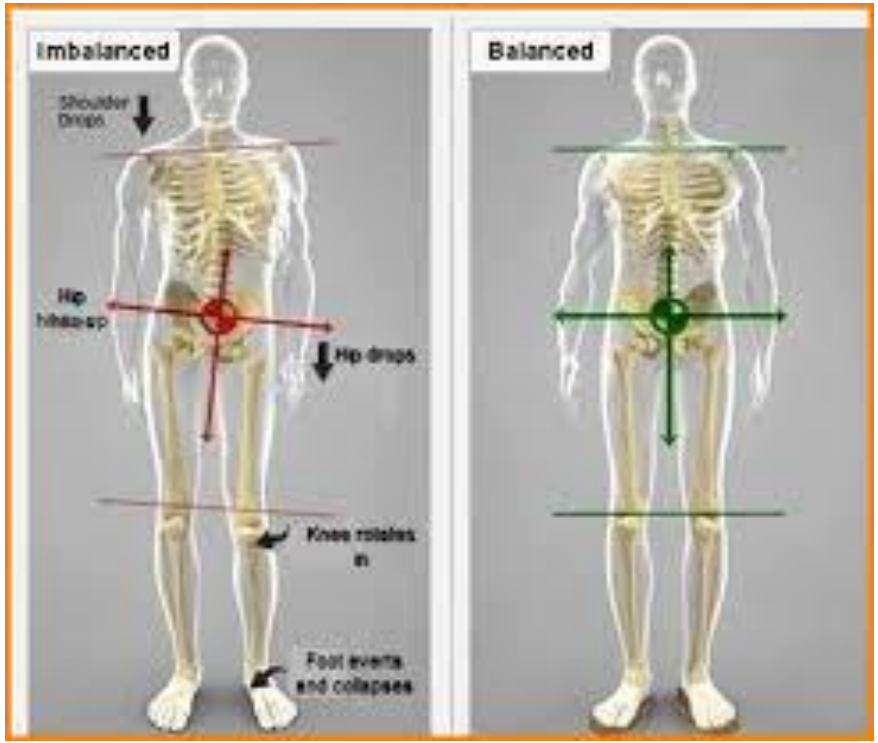
# Rounded Shoulders

# Scoliosis

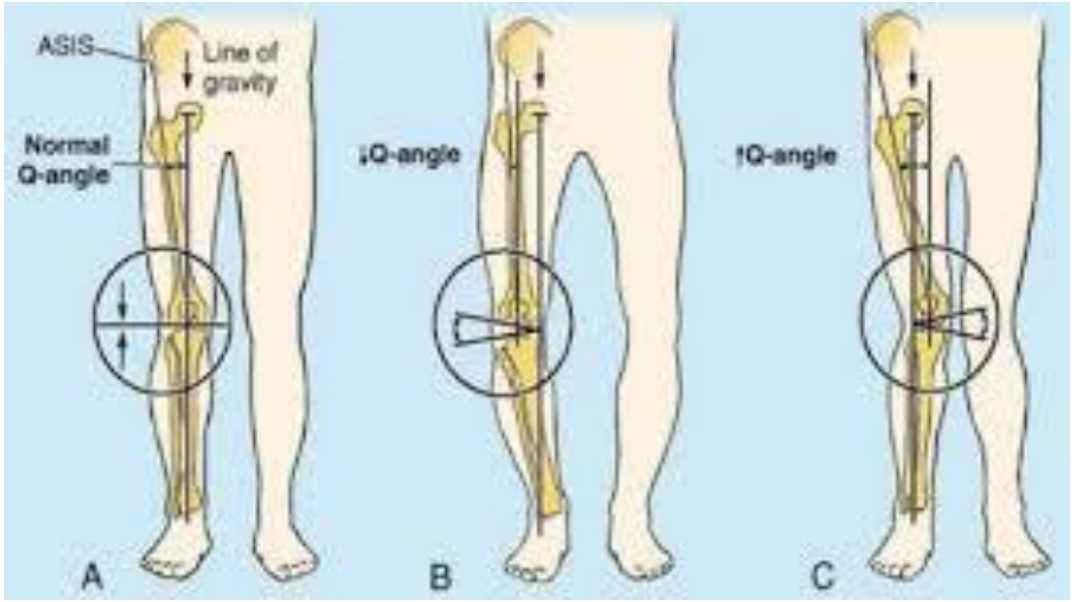
# Hyper Kyphosis
# Hyper Lordosis

# Imbalanced

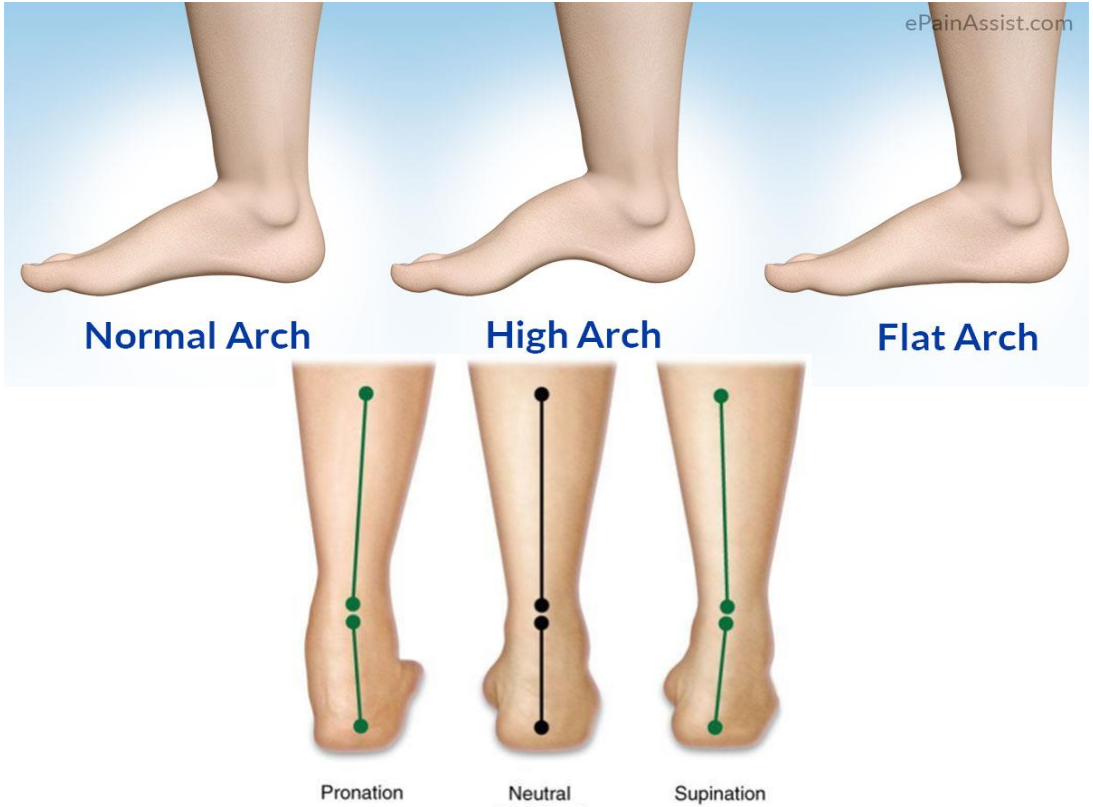

Imbalanced
Shoulder Drops
Hip hitches up
Hip drops
Knee rotates in
Foot everts and collapses
Balanced

# Genovarum
# Genovalgum

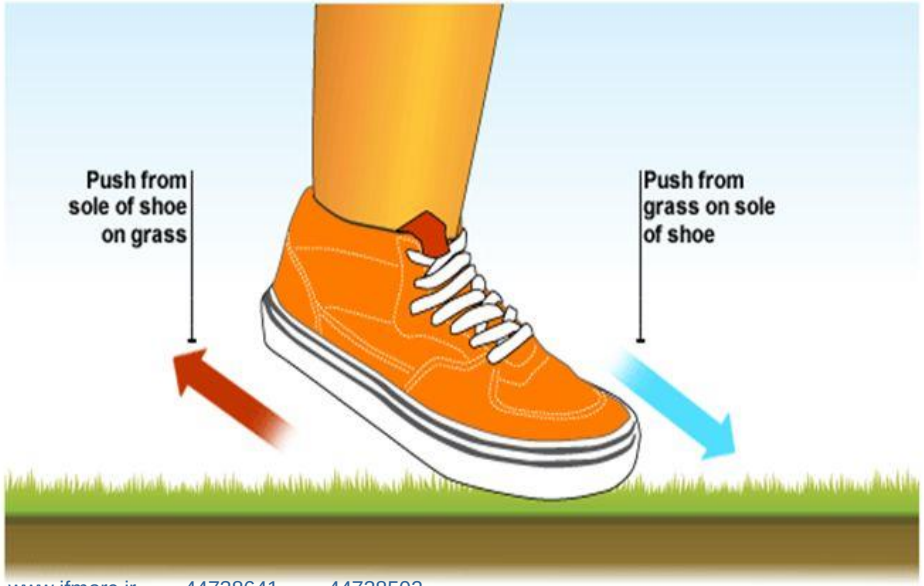


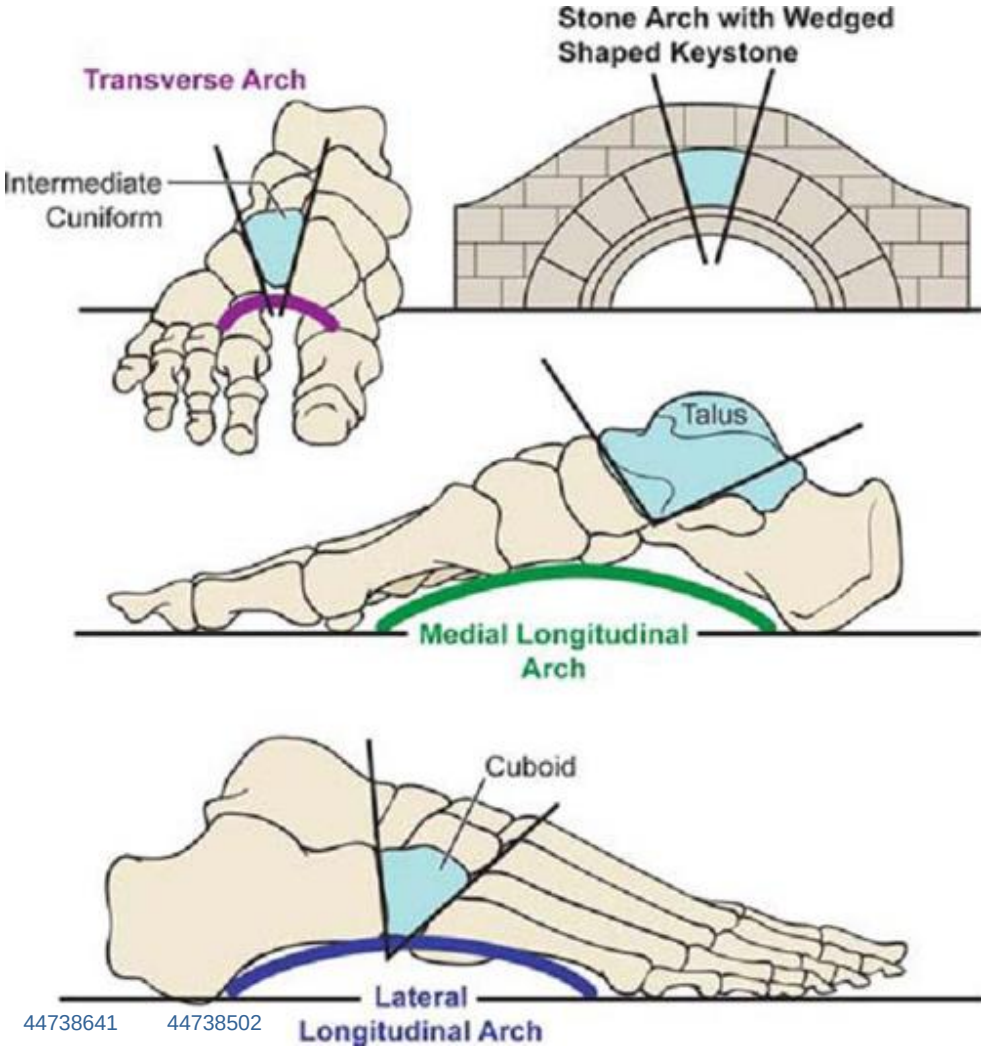
# Plantar Scan:

- Pes Planus
- Pes Cavus
- Pronation
- Supination



- Newton's third law of motion states that if **one object** exerts a force on **another** object, then the **second** object exerts a force of **equal strength** in the **opposite** direction on the first object.




Stone Arch with Wedged Shaped Keystone
Transverse Arch
Intermediate Cuniform
Talus
Medial Longitudinal Arch
Cuboid
Lateral Longitudinal Arch

# Foot Orthotics

Prefabricated

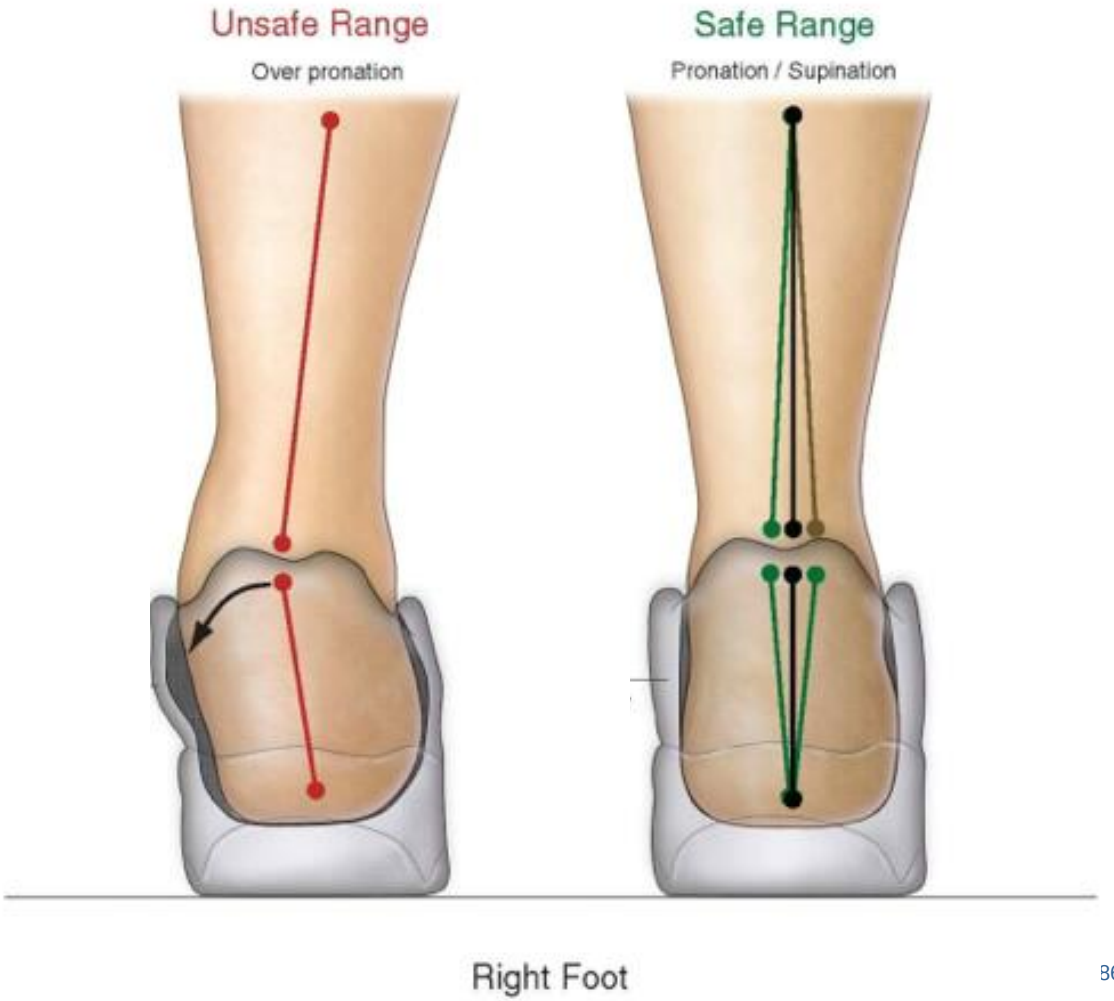
# Foot Orthotics

Costom-made

Foot scan

Design

C.N.C Produce


Unsafe Range
Over pronation
Safe Range
Pronation / Supination
Right Foot

# Thank you

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